

SONORA ELEMENTARY SCHOOL

JANUARY 2019 BREAKFAST MENU

ALL MEALS INCLUDE CHOICE OF FAT FREE OR 1 % MILK	FRUIT CHOICES AVAILABLE WITH EVERY MEAL.	WE ALSO SERVE WHOLE GRAINS DAILY.		
7 WAFFLE STIX	8 W.G. BISCUIT & GRAVY	9 SCRAMBLED EGGS & HAM	10 FLAVORED YOGURT, GRAHAM CRACKER, STRING CHEESE	11 MINI STRAWBERRY PANCAKES
14 SAUSAGE BITES	15 EGGS & HASHBROWNS	16 BISCUIT BREAKFAST SANDWICH	17 CHEESE OMLETTE	18 W.G. FLAVORED POPTART
21 NO SCHOOL	22 W.G. MINI BLUEBERRY WAFFLES	23 BREAKFAST BANANA SPLIG	24 W.G. WAFFLES	25 W.G. CINNAMON ROLLS
28 PANACAKE WRAPPED SAUSAGE ON A STICK	29 YOGURT PARFAIT	30 HAM & CHEESE OMLETTE	31 OPEN FACE EGG SANDWICH	

MENU IS SUBJECT TO CHANGE WITHOUT NOTICE. IN THE OPERATION OF THE CHILD FEEDING PROGRAM, ADMINISTERED BY THE U.S. DEPARTMENT OF AGRICULTURE, NO CHILD WILL BE DISCRIMINATED AGAINST BECAUSE OF RACE, COLOR, SEX, NATIONAL ORIGIN, AGE, OR HANDICAP. IF ANY HOUSEHOLD BELIEVES THEY HAVE BEEN DISCRIMINATED AGAINST, THEY SHOULD WRITE THE SECRETARY OF AGRICULTURE, WASHINGTON, D.C. **BREAKFAST SERVED 7:30-8:10 CHILD \$1.50, ADULT \$2.50**