

SONORA ELEMENTARY

BOBCAT LUNCH MENU SEPTEMBER 2022

<p>ALL MEALS ARE FREE FOR EVERY STUDENT FOR THE ENTIRE 2022-2023 SCHOOL YEAR</p>		<p>ALL MEALS INCLUDE CHOICE OF FAT FREE CHOCOLATE OR 1% MILK CHOICE OF FRUIT AVAILABLE WITH EVERY MEAL. WE ALSO SERVE WHOLE GRAINS DAILY</p>	<p>¹ CREAMY EGG SALAD ON SLICED BREAD, CRACKERS, VEGGIE, FRUIT, MILK</p>	<p>² GOLDED BAKED CHICKEN PATTY SANDWICH, POTATO WEDGES, VEGGIE, FRUIT, MILK</p>
<p>⁵ NO SCHOOL</p>	<p>⁶ NACHO'S REFRIED BEANS, VEGGIE, FRUIT, MILK</p>	<p>⁷ SUPER SUNBUTTER AND JAM SANDWICH, CRACKERS, VEGGIE, FRUIT, MILK</p>	<p>⁸ "POWER UP" PIZZA, VEGGIE, FRUIT, DESSERT, MILK</p>	<p>⁹ PULLED PORK IN RICH BBQ SAUCE SERVED ON A ROLL, VEGGIES, FRUIT, MILK</p>
<p>¹² CHEESY BROCCOLI & RICE BAKE, BREADSTICK, VEGGIE, FRUIT, MILK</p>	<p>¹³ SAUCY CHICKEN ENCHILADAS, SEASONED RICE, VEGGIE, FRUIT, MILK</p>	<p>¹⁴ TOASTED CHEESE AND TURKEY HAM SANDWICH, VEGGIE, FRUIT, MILK</p>	<p>¹⁵ SPAGHETTI IN MEATSAUCE, ROLL, VEGGIE, FRUIT, MILK</p>	<p>¹⁶ HOMESTYLE HAMBURGER OVEN FRIES, VEGGIE, FRUIT, MILK</p>
<p>¹⁹ VERY VEGGIE PASTA, VEGGIE, FRUIT, MILK</p>	<p>²⁰ FLAKY FISH TACO'S, HOME MADE SALSA, BEANS, VEGGIE, FRUIT, MILK</p>	<p>²¹ TURKEY DELI SANDWICH, VEGGIE, FRUIT, MILK</p>	<p>²² LASAGNA, ROLL, VEGGIE, FRUIT, MILK</p>	<p>²³ HOT DIGGITY DOG ON A BUN, CHIP'S, VEGGIE, FRUIT, MILK</p>
<p>²⁶ BEAN AND CHEESE BURRITO, RICE, VEGGIE, FRUIT, MILK</p>	<p>²⁷ MEXI-CALI OVEN FRIES, VEGGIE, FRUIT, MILK</p>	<p>²⁸ HOT HAM AND CHEESE SANDWICH, VEGGIE, FRUIT, MILK</p>	<p>²⁹ !!YUMMY!! STROMBOLI, BUTTERED NOODLES, VEGGIE, FRUIT, MILK</p>	<p>³⁰ CHEESEBURGER, BAKED BEANS, VEGGIE, FRUIT, MILK</p>

MENU IS SUBJECT TO CHANGE WITHOUT NOTICE. IN THE OPERATION OF THE CHILD FEEDING PROGRAM, ADMINISTERED BY THE U.S. DEPARTMENT OF AGRICULTURE, NO CHILD WILL BE DISCRIMINATED AGAINST BECAUSE OF RACE, COLOR, SEX, NATIONAL ORIGIN, AGE, OR HANDICAP. IF ANY HOUSEHOLD BELIEVES THEY HAVE BEEN DISCRIMINATED AGAINST, THEY SHOULD WRITE THE SECRETARY OF AGRICULTURE, WASHINGTON, D.C. LUNCH SERVED 11:30-12:30 STUDENTS EAT FREE; ADULT LUNCH \$6.00