

# SONORA ELEMENTARY

## BOBCAT BREAKFAST MENU SEPTEMBER 2022

<p>ALL MEALS ARE FREE FOR EVERY STUDENT FOR THE ENTIRE 2022-2023 SCHOOL YEAR</p>		<p>ALL MEALS INCLUDE CHOICE OF FAT FREE OR 1% MILK CHOICE OF FRUIT AVAILABLE WITH EVERY MEAL. WE ALSO SERVE WHOLE GRAINS DAILY</p>	<p>1 FLUFFY EGG WITH SAUSAGE AND CHEESE ON A BISCUIT, FRUIT, MILK</p>	<p>2 WARN BANANA CHOCOLATE CHIP MUFFIN &amp; YOGURT, FRUIT, MILK</p>
<p>5 <b>NO SCHOOL</b></p>	<p>6 FRESH FRUIT PARFAIT &amp; GRANOLA, FRUIT, MILK</p>	<p>7 HAND ROLLED BREAKFAST BURRITO, FRUIT, MILK</p>	<p>8 COUNTRY GRAVY ON A FLUFFY BISCUIT WITH A SAUSAGE PATTY, FRUIT, MILK</p>	<p>9 FRESH BAKED BLUEBERRY MUFFIN &amp; STRING CHEESE, FRUIT, MILK</p>
<p>12 SQUARE APPLESAUCE PANCAKES, FRUIT, MILK</p>	<p>13 COCO LOCO MANGO BREAKFAST BOWL, FRUIT, MILK</p>	<p>14 SCRAMBLED EGGS SAUSAGE PATTY &amp; W.W TOAST, FRUIT, MILK</p>	<p>15 O-SO GOOD OVERNITE OATS! FRUIT, MILK</p>	<p>16 APPLESAUCE BREAKFAST CAKE, GOGURT, FRUIT, MILK</p>
<p>19 GERMAN STYLE PANCAKES &amp; GRAHAM CRACKER, FRUIT, MILK</p>	<p>20 THE "BEST" BANANA SPILT, FRUIT, MILK</p>	<p>21 BOBCAT BREAKFAST SCRAMBLE &amp; W.W. TOAST, FRUIT MILK</p>	<p>22 BREAKFAST'S WILD WAFFLE TACO, FRUIT, MILK</p>	<p>23 HOMEMADE BANANA BREAD &amp; STRING CHEESE, FRUIT, MILK</p>
<p>26 WHOLE GRAINS OATMEAL BAKE, FRUIT, MILK</p>	<p>27 FRESH FRUIT PARFAIT &amp; GRANOLA, FRUIT, MILK</p>	<p>28 HAND ROLLED BREAKFAST BURRITO, FRUIT, MILK</p>	<p>29 COUNTRY GRAVY OVER A FLUFFY BISCUIT, EGGS, FRUIT, MILK</p>	<p>30 OOEY-GOOEY CINNAMON ROLL, GOGURT, FRUIT, MILK</p>

MENU IS SUBJECT TO CHANGE WITHOUT NOTICE. IN THE OPERATION OF THE CHILD FEEDING PROGRAM, ADMINISTERED BY THE U.S. DEPARTMENT OF AGRICULTURE, NO CHILD WILL BE DISCRIMINATED AGAINST BECAUSE OF RACE, COLOR, SEX, NATIONAL ORIGIN, AGE, OR HANDICAP. IF ANY HOUSEHOLD BELIEVES THEY HAVE BEEN DISCRIMINATED AGAINST, THEY SHOULD WRITE THE SECRETARY OF AGRICULTURE, WASHINGTON, D.C. BREAKFAST SERVED 7:30-8:10 BREAKFAST IS FREE FOR STUDENTS \$4.00 FOR ADULTS